



## Contact Us About a New Support Group for Stepfamilies!

Are you having problems in your relationship with your stepchild?

Could you use help creating more satisfying and productive relationships in your family?

*If you answered "yes" to either of these questions, then I can help you overcome the challenges of stepparenting and create more satisfying and productive relationships in your family.*

You are not alone. The number of stepfamilies in this country is growing daily. Parents and children in these families often find it difficult to get along with each other. The good news is that there are well tested and effective approaches or strategies that all parents can learn. With the type of encouragement and professional assistance you will receive in the stepparent support group, you can begin to create healthy family relationships, build effective communication, enhance trust and respect.

*Here are comments from previous participants:*

*"Dr. Irgang provided us with so much helpful information."*

*"It was so nice to talk with other parents dealing with the same issues."*

For more information, email Dr. Irgang at [DrIrgang@relationshipsolutionscenter.net](mailto:DrIrgang@relationshipsolutionscenter.net).

There is no risk for attending this support group. So, **call (847) 598-3553 to register now.** The group is limited to 12 participants and space fills up quickly.

If you sign up by May 23rd, you will receive a FREE copy of Dr. Harold Bloomfield's book "Making Peace in Your Stepfamily".

Individual participants pay \$25 per session. Since our goal is to build better relationships, if you attend with your wife or husband, you will get \$5 off the weekly cost. This means that the two of you will attend the group for the low fee of \$45 per week.

### We Are Proud to Announce



RELATIONSHIP  
*Solutions*  
CENTER, P.C.

Lisa Irgang Psy.D.

We are proud to announce the formation of the new Relationship Solutions Center. We have created this new space in order to expand our services.

Have you been looking for a support group? Would you like the opportunity to learn new skills? We can help you connect with others who are facing similar concerns. We also provide intensive workshops and seminars in order to learn and practice new skills.

Please call today to schedule an appointment in our beautiful new office.

*"I have been helping individuals, couples, and families overcome life challenges for over 14 years."*

—Dr. Lisa Irgang



Mon., Tues., &  
Wed. 10 am-9 pm  
Fri., 10 am -6 pm

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[www.relationshipsolutionscenter.net](http://www.relationshipsolutionscenter.net)